



Swiftwater Rescue 1 Course

Dates: June 1-3

Time: 0800-1700

Location: Glenwood Springs Fire Department Station 72
806 Cooper Avenue, Glenwood Springs Colorado

Training Objectives

This 3-day course generally has 2 hours of classroom instruction each morning to front-load the days objectives. This will be immediately followed-up with developing and practicing water and rope rescue skills throughout the remainder of the day. Topics include, but are not limited to the following: Hazard recognition and avoidance, self-rescue, agency response and potential multi-agency response, site analysis, hydrology, foot entrapment extrication, site access, basic recovery techniques, swimming, throw bagging, basic rescue techniques, basic rope work. There is required online prework that is assigned one month prior to the course start date that must be completed by each student prior to attending the course.

Topics to be covered:

- Basic & Advanced hydrology
- Instructional, professionally choreographed videos proprietary to SSI
- Basic Rope Fundamentals. Fundamentals of physics - what are minimum rigging criteria, is it safe enough?
- Operations level training for swift water
- Technical level training for swift water
- Team response and safety
- SSI SRT-I curriculum
- Online Quizzes
- Practical Instruction
- Core Competencies Evaluation / NFPA Operations and Technician Task Sheet
- Practical Application
- Practical Examination online - prior to the course

Please visit the link below for more information and prerequisites.

<https://swiftwatersafetynstitute.com/ssi-courses/swiftwater-rescue-training-nfpa/>

Direct any questions to BC Jesse Hood
jesse.hood@cogs.us